

Counseling Resources

Fort Dodge

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| <i>Child Health Specialty Clinic</i> | 955-8326 | |
| Laura Eccher Nurse | | Care Coordination programs |
| Basic screenings for behavioral/mental health concerns | | Family Support services |
| Telehealth services with Iowa City pediatric professionals | | |
| <i>Children and Families of Iowa</i> | 573-2193 | |
| BHIS Title 19 | | In-home counseling/skill building |
| Insurance/private pay | | Counseling Service in office |
| Katie Rosenburgh | Becky Olson | |
| Tamara Wirth | Deb Koestner | |
| <i>Lutheran Family Services of Iowa</i> | 573-3138 | |
| Private Pay/sliding fee/insurance/title 19 | | |
| Toni Larson (13 and older) LISW | | Counseling Services in office |
| Lori Degelau (3 and older) LISW | | Play therapy/counseling in office |
| <i>Unity Point Berry Hill Center For Mental Health</i> | 955-7171 | |
| <i>In Office Psychiatric Evaluations/Treatment/Counseling/Therapy</i> | | |
| <i>School Based Mental Health Services/Therapy</i> | | |
| <i>Genesis Mental Health Associates</i> | 576-6441 | |
| Martha Miller LISW | | Counseling Services in office |
| LeAnn-Rider-Hildreth LISW | | Counseling Services in office |
| Julie Schneider A.R.N.P | | Medication |
| <i>Mid Iowa Family Therapy</i> | 573-5128 | |
| Dr. Fialkov (via web cam 2/month) | | Counseling Services |
| Siobhan Danreis | | Medication/Evaluations |
| 6 BHIS counselors (title 19 only/ in-home) | | Counseling Services in office |
| | | Counseling Services in home |
| <i>Catholic Social Services</i> | 576-4156 | |
| Karin Delger LISW | | Counseling Service in office |
| Tammy Varland LMSW | | all ages. |
| Emily McCullough LMFT/CADC | | |
| <i>Lee & Associates</i> | 574-6120 | |
| Dr. Lee | | Psychiatrist |
| Sara Messmer LISW | | Counseling Services |
| <i>Families First</i> | 888-316-3025 | |
| Family Based in home services | | Counseling Services |
| <i>Lincoln Mental Health Services</i> | 955-1836 | |
| Judy Christiansen LISW | | Counseling Services |
| Kay Grossnickle | | Medication Management |
| Teresa Anderson | | Counseling Services |
| Holly Nurse Practitioner | | Medication Management |

Ames/Boone

Barclay & Associates P.C. 292-3023
Dr. Gregory Barclay MD
therapist who all see children
www.drbarclay.com
Medication Management
Counseling Services

Ames Counseling & Psychological Services 239-4410
Insurance/title 19/private pay
Dr. Michael Lelwica Psychologist PSYD
*Children
Evaluation/testing/counseling
Rudman Judith Rudman Psychologist PSYD
Kenneth Dodge PHD
Kenneth Israel PHD
Beth Wagner LISW
*children/adults
Counseling Services

Central Iowa Psychological Services 233-1122
Therapist/Psychologist
Evaluation/assessments
Counseling Services
*No medication management
www.iowacounseling.com

Main Office 3737 Woodland Ave. Ste 415
319 Lincoln Way West Des Moines, Iowa 50266
Ames, IA 50010 515-222-1999

Richmond Mental Health Center (Ames) 232-5811 or 800-830-7009
125 S. 3rd St. Ste. 200
Ames, Iowa 50010
www.richmondcenter.net

Richmond Mental Health Center (Boone)
calls answered in Ames office
806 7th Street
Boone, Iowa 50036

Des Moines

Dr. Kavalier and Associates 515-267-1003
1003 Grand Ave.
West Des Moines, Iowa 50265
Child Psychiatry
www.kavalierandassociates.com

Mercy Behavioral Health
Mercy Franklin Center 515-271-6111
1818 48th Street Help Center: (515) 271-6111
Des Moines, Iowa 50310 Toll Free: (866) 595-4959
www.mercydesmoines.org/behavioralhealth

Directories:

www.communitylinksforfamilies.org
www.extension.iastate.edu/webster/